

We recommend building a team of professionals that will be part of you or your loved one's end-of-life experience.

Below is a list of providers that could help you during this difficult time. Many of these providers are covered under the Medicare Hospice benefit.

# MY TEAM

- 🗋 Physician
- 🗋 Nurse
- Hospice Aide
- Social Worker
- 🗋 Chaplain
- End-of-Life Doula
- Bereavement Specialists
- Elder Law Attorney
- 🛛 Dietitian
- ☐ Therapist
- □ Volunteers
- Family Caregivers

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End-of-life Care RESOURCES

#### BOOKS

A Beginner's Guide to the End by BJ Miller and Shoshana Berger Being Mortal by Atul Gawande From Here to Eternity by Caitlin Doughty Final Gifts by Maggie Callanan & Patricia Kelley On Death and Dying by Elisabeth Kübler Ross Living Life Dying Death by Jennifer Collins Taylor With the End in Mind by Dr. Kathryn Mannix Advice for Future Corpses by Sallie Tisdale That Good Night by Sunita Puri The Five Invitations by Frank Ostaseski We Know How This Ends by Bruce Kramer

#### PODCASTS

The One Sure Thing by Elizabeth Laime Will Gather by Nicole Will

# ACTIVITIES

Death Cafes DeathLab The Conversation Project WeCroak App YouTube: Ask A Mortician Death Over Dinner

## CARD DECKS

GoWish Death Deck

## ORGANIZATIONS

Art of Dying Institute DeathLab

## OTHER

Sound Engineers The Pause



Being Mortal

## Ends

Living while Dying BRUCE H. KRAMER





WHEN

BREATH BECOMES

PAUL KALANITHI



FRANK OSTASESKI